

# Utah Health Status Update:

## Utah's Healthy People 2010 Status

April 2005

Utah Department of Health

The public health system aims to improve health by preventing the premature onset of disease and disability, improving access to needed health care, and promoting healthier, more productive lives. The Healthy People 2010 initiative of the U.S. Public Health Service (HP2010) identifies 467 priority objectives that represent the current view of the most significant preventable threats to the nation's health, and provides specific goals to reduce those threats. Public health programs across the Utah Department of Health (UDOH) have identified 105 priority objectives, most of which are routinely tracked and reported by the UDOH. This update reviews progress in meeting selected measures from among Utah's priority health objectives.

### Access to Care

- In 2003, 90.1% of all Utahns had health insurance coverage, but the rate was 89.4% when age adjusted for Utahns under age 65, falling short of the 2010 target of 100%.
- HP2010 recommends that 96% of all persons (age adjusted) have a regular, ongoing source of health care. In 2003, the Utah rate was 92.4%, still short of the goal.
- For the three ambulatory care sensitive (ACS) conditions tracked, Utah's hospitalization rate met the HP2010 goal for pediatric asthma. Utah has not yet reached the 2010 targets for adult diabetes or influenza and pneumonia hospitalization. Excess hospitalization for ACS conditions indicates poor access to primary health care.

### Communicable Disease

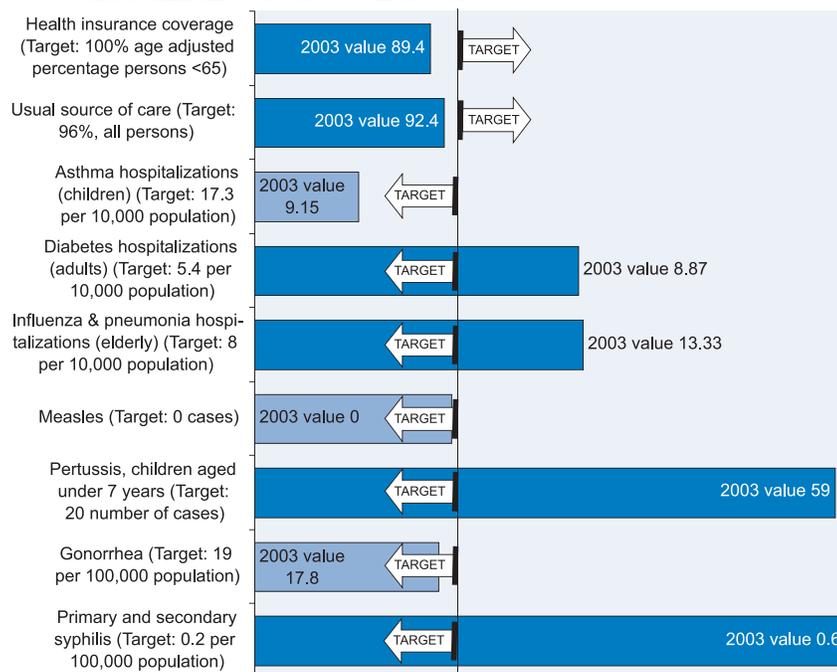
- Utah met the national goal of 0 cases of measles in 2003, but had more pertussis cases than the state target of fewer than 20.
- Utah has already met the 2010 goal for gonorrhea, but the 2003 syphilis rate was still above the target.

### Maternal and Child Health

- Utah is close to meeting its 2010 target for infant deaths, and has already met the goal for maternal mortality.
- We still have a ways to go to meet the goals for prenatal care and low birth weight.

### Access to Care and Communicable Disease

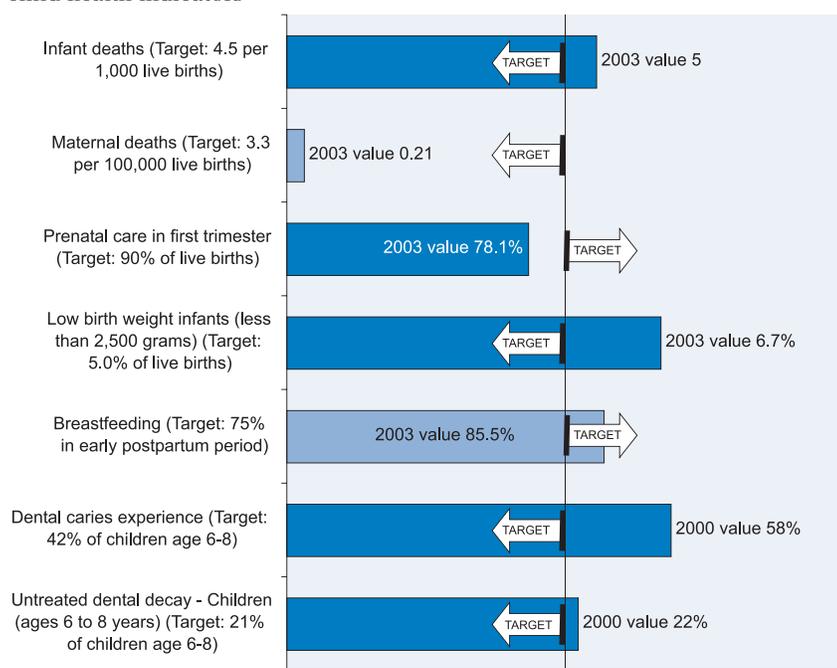
Figure 1. Healthy People 2010 goals and Utah's achievements for health care access and communicable disease indicators



Note: The length of each bar is proportional to the target value. Light-colored bars indicate HP2010 goal was accomplished.

### Maternal and Child Health

Figure 2. Healthy People 2010 goals and Utah's achievements for maternal and child health indicators



Note: The length of each bar is proportional to the target value. Light-colored bars indicate HP2010 goal was accomplished.

- Utah's breastfeeding rate already surpasses the 2010 goal.
- In 2000, Utah's overall dental caries experience in 6 to 8-year-old children exceeded the target rate. The untreated dental caries rate was close to the target.

### Cancer and Chronic Diseases

- Utah has met the national targets for reducing incidence of all cancers combined and lung cancer but has not yet met the goals for breast, prostate, and colorectal cancer.
- Utah has not yet met the national target for diabetes prevalence.
- Utah met the national target for reducing heart disease deaths but has not yet met the goal for stroke deaths.

### Health Promotion and Injury

- Utah has not met the national goals for motor vehicle crashes and seat belt use, but met the state goals on those measures.
- While we met the national and state goals for homicide in 2003, we far exceeded our target number of adolescent suicide deaths.
- Utahns already exercise at a rate that exceeds the goal for 2010, but we are far from our goal for percentage of adults who are obese.
- Utah has already met the state and national targets for adult smoking and the national goal for adolescent smoking. We have also met our goal for children's exposure to tobacco smoke in the home.

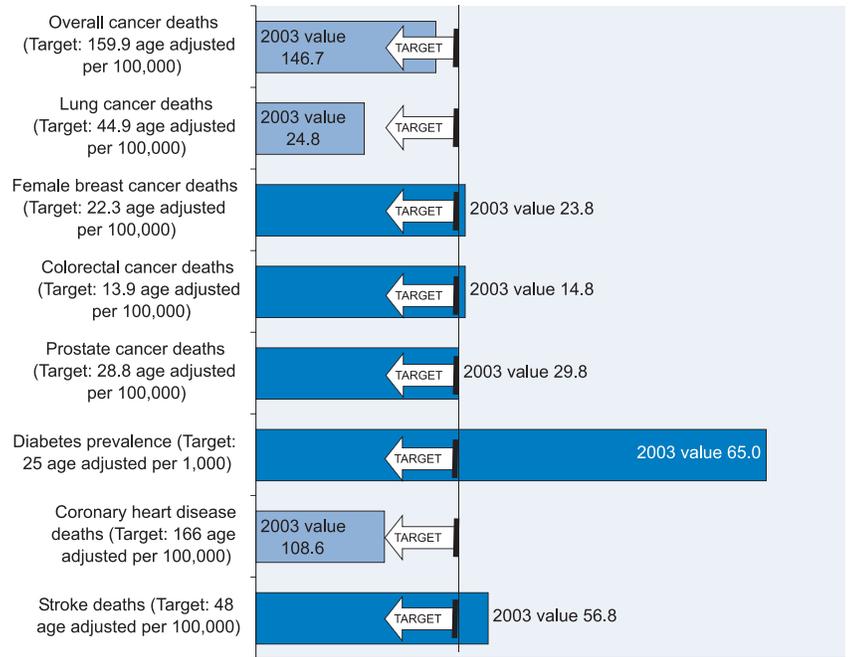
Utah's health status and health systems are generally quite good, but results of this analysis indicate that we have room for improvement. Tracking health objectives evaluates progress toward goals and assists in planning health programs and allocation of resources. Publishing results of Utah's progress can also inform citizens and local community groups so they can set priorities and better focus health promotion activities.

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For additional information about this topic, contact the Office of Public Health Assessment, Utah Department of Health, P.O. Box 142101, Salt Lake City, UT 84114-2101, (801) 538-6108, FAX (801) 538-9346, email: [phdata@utah.gov](mailto:phdata@utah.gov).

## Cancer and Chronic Diseases

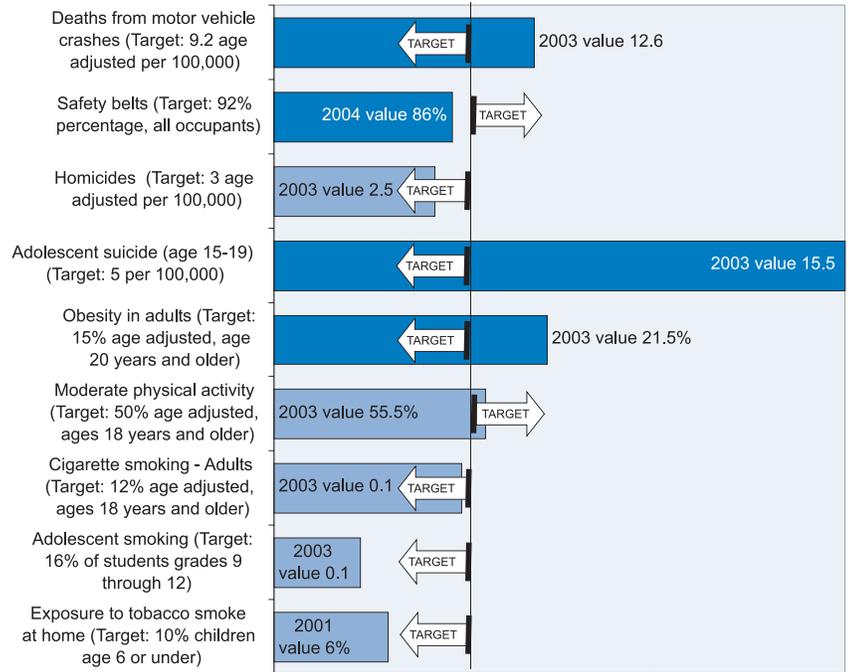
Figure 3. Healthy People 2010 goals and Utah's achievements for cancer and chronic disease indicators



Note: The length of each bar is proportional to the target value. Light-colored bars indicate HP2010 goal was accomplished.

## Health Promotion and Injury

Figure 4. Healthy People 2010 goals and Utah's achievements for health promotion and injury indicators



Note: The length of each bar is proportional to the target value. Light-colored bars indicate HP2010 goal was accomplished.

Reports of Utah's priority health objectives may be found on Utah's Indicator-Based Information System for Public Health (IBIS-PH). To view profiles of those objectives, go to <http://ibis.health.utah.gov> and click on "Indicator Profiles." A list of all 467 Healthy People 2010 health objectives may be found at <http://www.healthypeople.gov>